

**Cape Town ISAPS Course**  
**FRIDAY, 23 MARCH – SUNDAY, 25 MARCH 2018**  
**NH THE LORD CHARLES HOTEL, SOMERSET WEST, WESTERN CAPE**  
**SCIENTIFIC PROGRAM**  
**FRIDAY, 23 MARCH 2018**

0730-0800	Registration Tea & Coffee in the Exhibition Area	
0800-0810	Welcome and Announcements ISAPS Mission Statement	Dr Peter Scott, NS Chair Vakis Kontoes, EC Chair
<b>SESSION 1</b>	<b>Opening Session</b>	<b>Chair: Dr Peter Scott</b>
0810-0910	A Brave New World	Mr Jeremy Gardiner
0910-0950	Face lift. Creating happy patients. 20 years of experience with different techniques. Tips, tricks, results and advice	Dr Vakis Kontoes
0950-1010	High SMAS face lift and fat grafting	Dr Arturo Ramirez Montanana
1010-1030	Modified short-scar temporal lift: obtaining a uniform maximal lateral brow lift	Dr Jan Fabre
<b>1030-1100</b>	<b>TEA &amp; COFFEE – visit exhibits</b>	
<b>SESSION 2</b>	<b>Face/ Eyelid</b>	<b>Chair: Dr Russell Walton</b>
1100-1130	Young patients neck enhancements	Dr Arturo Ramirez Montanana
1130-1150	Direct anterior Cervicoplasty: a simple and effective approach in neck rejuvenation	Dr Jan Fabre
1150-1230	Upper and lower blepharoplasty. Past, present and avoidance of complications in eyelid surgery. A comprehensive approach	Dr Vakis Kontoes
1230-1250	Upper blepharoplasty, A to Z	Dr Arturo Ramirez Montanana
1250-1300	Discussion	
<b>1300-1400</b>	<b>LUNCH - visit exhibits</b>	

<b>SESSION 3</b>	<b>Non-surgical</b>	<b>Chair: Dr Vivien Jandera</b>
1400-1420	New trends in FUE hair and beard transplantation: tips and traps	Dr Alexander Dionyssopoulos
1420-1440	Avoiding catastrophic complications of facial fillers	Dr Tim Papadopoulos
1440-1505	Treating men with injectables – is there a difference?	Dr Nimrod Friedman
1505-1530	The art of natural facial sculpting with fillers	Dr Nimrod Friedman
1530-1550	Simplifying facial rejuvenation – insights after 30 years in practice	Dr Frank Elliott
1550-1600	Discussion	

**1600-1630 TEA & COFFEE – visit exhibits**

<b>SESSION 4</b>	<b>Rhinoplasty/Otoplasty</b>	<b>Chair: Prof Tim Christofides</b>
1630-1650	Rhinoplasty – from anatomy to surgery	Dr Alexander Dionyssopoulos
1650-1720	Rhinoplasty: the “simple” and the “difficult”. A personal approach	Dr Vakis Kontoes
1720-1740	Primary rhinoplasty: building a natural nose tip	Dr Arturo Ramirez Montanana
1740-1800	Suture vs scoring techniques in otoplasty: simple tricks to avoid suture-related complications	Dr Jan Fabre
1800-1810	Discussion	

End of academic Day One

**1810 SUSHI EVENING**

**SATURDAY, 24 MARCH 2018**

0730-0800 Tea & Coffee in the Exhibition Area

<b>SESSION 5</b>	<b>Breast I</b>	<b>Chair: Dr Chris Snijman</b>
0800-0830	Difficult cases in breast aesthetic surgery. An algorithm for high standard results	Dr Vakis Kontoes
0830-0850	Breast implants: thoughts about shape and envelope after more than 25 years of experience	Dr Nimrod Friedman
0850-0910	ALCL current status and TGA	Dr Tim Papadopoulos
0910-0930	Personal experience in breast reconstruction post-mastectomy, immediate and delayed: the place of the less invasive methods.	Dr Dana Jianu
0930-0950	Augmentation mastopexy: how to make easier a difficult procedure	Dr Gianluca Campiglio
0950-1000	Discussion	

**1000-1030 TEA & COFFEE – visit exhibits**

<b>SESSION 6</b>	<b>Breast/Body</b>	<b>Chair: Dr Jonathan Toogood</b>
1030-1050	Treating non perfect results in breast augmentation	Dr Alexander Dionyssopoulos
1050-1110	Breast augmentation systemization to prevent capsular contracture	Dr Bertha Torres-Gomez
1110-1130	Revisions in abdominoplasty	Dr Gianluca Campiglio
1130-1150	Circumferential body contouring: liposuction, abdominoplasty and fat grafting	Dr Tim Papadopoulos
1150-1210	Aesthetic thigh lift: where are we?	Dr Gianluca Campiglio
1210-1230	Lipo-sculpting the male torso – new opportunities	Dr Nimrod Friedman
1230-1250	Male chest	Dr Morris Ritz
1250-1300	Discussion	

**1300-1400 LUNCH - visit exhibits**

<b>SESSION 7</b>	<b>Buttocks</b>	<b>Chair: Dr Richard Halley-Stott</b>
1400-1420	Gluteal fat grafting: safety guidelines	Dr Arturo Ramirez Montanana
1420-1440	Extraction of modeling substances injected in buttocks and aesthetics correction with lipo filling	Dr Bertha Torres-Gomez
1440-1500	Technical advances in gluteal augmentation	Dr Tim Papadopoulos
1500-1520	Monsplasty	Dr Morris Ritz
1520-1540	Day case Brazilian abdominoplasty	Dr Garrick Georgeu
1540-1600	Discussion	

**1600-1630 TEA & COFFEE - visit exhibits**

<b>SESSION 8</b>	<b>Fat</b>	<b>Chair: Dr Ewa Siolo</b>
1630-1650	Implants or fat injection for the breast – pros and cons	Dr Nimrod Friedman
1650-1710	Fat grafting in a regenerative combo (ALI) for the face - a metamorphosis of a new look. Decryption of the mechanism	Dr Dana Jianu
1710-1730	Multiplanar approach in facial fat grafting	Dr Bertha Torres-Gomez
1730-1750	How to plan face lift incisions to avoid surgical stigmata	Dr Bertha Torres-Gomez
1750-1800	Discussion	

End of Academic Day Two

**SUNDAY 25 MARCH 2018**

0730-0800 Tea & Coffee in the Exhibition Area

<b>SESSION 9</b>	<b>The business of plastic surgery I</b>	<b>Chair: Dr Rodney Robson</b>
0800-0900	Skin in the Game: the ethics of adolescent aesthetic interventions	Dr Marshall Murdoch
0900-0930	5 powerful customer service tips for plastic surgeons	Dr Tim Papadopoulos
0930-1000	My practice	Dr Morris Ritz
1000-1030	6 business tips for plastic surgeons on how to run their practice	Dr Tim Papadopoulos

**1030-1100 TEA & COFFEE in the exhibition area**

**SESSION 10 Breast II**

**Chair: Dr Martin Kelly**

1100-1120	Back to the future: round implant in breast augmentation	Dr Gianluca Campiglio
1120-1140	How to augment your breast practice	Dr Morris Ritz
1140-1200	The vertical mastopexy to treat breast asymmetry	Dr Frank Elliott
1200-1220	3D engineered body parts	Dr Morris Ritz
1220-1240	Complications of aesthetic breast surgery	Dr Frank Elliott
1240-1300	Discussion	

**1300-1400 Lunch**

**SESSION 11 Closing Session**

**Chair: Dr Nerina Wilkinson**

1400-1430	Bidirectional coned sutures for the correction of the gravity symptoms of the face. An overview of 6 year's experience	Dr Vakis Kontoes
1430-1500	Evidence based medicine: actual research findings in personal regenerative plastic surgery practice	Dr Dana Jianu
1500-1520	Managing ectropion using the lateral tarsal strip procedure	Dr Jan Fabre
1520-1540	Blepharoplasty	Dr Morris Ritz
1540-1600	Bitcoin and crypto currency as payment for surgery	Dr Dirk Lazarus

**1600 FINAL REMARKS OF ISAPS MEETING AND ADJOURN**

**Dr Peter Scott/Vakis Kontoes**

End of Meeting

**Registrars/Junior consultants video session during lunch break Saturday/Sunday**

Vakis Kontoes	Blepharoplasty	20 minutes
	Face lift	20 minutes